

## **Learning Reflection Criteria**

### **Introduction:**

- A Brief description of the project/activity (1-2 sentences)

### **Body:**

- Strengths:** What went well? Why?
- Stretches:** What did not go well ? Why?
- Effort level:** Did you try your best?
- Improvements:** What could be done to improve next time?
- Enjoyment:** What did you enjoy/not enjoy? Why?

### **Conclusion:**

- Growth:** Where you started and what you learned. Did you reach the leaning intentions? (Include score if applicable)
- Satisfaction:** Are you satisfied with your progress? Why? What is your plan for next time if you are not happy with your progress?

## **Learning Reflection Example**

In this project we had to learn to identify and name 12 different plants in the community and had to learn some indigenous uses for each plant. We also had to work in a group to design and create a display or our learning.

The easiest part of this project was learning the plant names because we just had to memorize what they looked like. The most difficult part was finding the indigenous uses and getting the project put together in our group because some uses were hard to find and my group all had different ideas. I worked very hard at helping my group members make sure they were completing their parts. I did not do a very good job cutting and pasting the poster because I was very rushed at the end. Next time I would use my class time better because I kept getting distracted by my classmates during work periods. I will try to find a more quiet place to work. My favorite part of this project as collecting the leaf samples and working with my classmates. I did not like organizing the poster because I found it hard to get everything to fit on the paper.

When we first started this project I did not know the names or indigenous used for any of the plants around the community. Now that I have completed the project I can name and identify about 10 different plants and have learned many ways First Nations people used these plants. I am very happy with my progress and learned many new and interesting things, especially that I need to manage my time better and that group work is fun also very challenging